

**SPECIAL IN-ROOM TREATMENTS
AND PACKAGES**

**Tradition and new technology.
Pampering, beauty and holistic health
are the answers to different needs.**

From the early days in the Mediterranean, Asia, Africa and Indian culture until now, spa practices existed...

TEONA SPA was inspired from these ancient practices along with 25 years' experience in the spa industry.

From the Caribbean paradise and its treasures, we combined:

- different plants' extracts and savoir faire in our craft
- fabulous riches of the ocean
- Other techniques from around the world.

All of the above are combined with new technology to create the best blend of techniques and experiences for our time.

TEONA SPA believes that our surroundings contribute to our state of mind . TEONA SPA is first a place of relaxation where the mind, body and spirit can recuperate from our stressful life. TEONA cultivates this sense of tranquility, which is the meaning of TEONA, while receiving the best of our treatments.

You will experience a unique state of being where beauty meets health and wellbeing, allowing you to radiate from inside out .

In a natural and chic design, overlooking a tropical Caribbean environment, creates a peaceful surrounding for your state of mind and encapsulates a perfect getaway. To achieve the standards of excellence in delivering these unique treatments and rituals ,

TEONA SPA has recruited a team of highly trained and specialized therapists, with knowledge and expertise accumulated over the years, who will meet yours needs and guide you throughout this extraordinary journey.

1. THE SPICE ROAD 2 hrs

A fantastic voyage to pamper you though diverse scents of essences and spices. Includes a savory body scrub, wrap, milk bath and luxurious massage.

Total- \$360

2. TEONA CARIBBEAN SECRET 2 hrs

Welcome to the Caribbean getaway - exfoliates, detoxifies, nourishes your body as you receive a beautiful massage

Total- \$290

3. TEONA'S REGAL 2 hrs 15

Get pampered in a smooth and sweet way with a tropical garden ritual, fruit body scrub, moisturizing mask, relaxing coconut passion fruit massage and a sweet bath.

Total- \$315

4. TWO HOT TO HANDLE 1 hr 40min

Couples can enjoy each other's company in a hot spicy moment - one vivified Boreh mask, one spiced bath, one Mediterranean hot oil couple massage and finish with a sip of hot-spiced tea or glass of wine.

Total-\$395

MASSAGES

TEONA'S ULTIMATE FOUR- HAND MASSAGE

Two therapists simultaneously working to create the ultimate indulgence.

60 min. \$220 90 min. \$290

LOMI - LOMI MASSAGE

Hawaiian tradition uses percussion, rocking and smooth strokes.

60 min. \$120 90 min. \$165

SWEDISH MASSAGE

Treats all muscle masses of your body.

60 min. \$110 90 min. \$150

NOTE: AN ADDITIONAL 10% WILL BE CHARGED ON ALL A LA CARTE ROOM TREATMENTS

SLIMMING THERAPY

• **DETOX PROGRAM**

TEONA DETOX ON THE GO 2 hr 15min

Full seasonal wrap & detoxifying lymphatic drainage

\$239

• **ANTICELLULITE PROGRAM**

HARD CELLULITE TREATMENT (2 hrs each session)

Series of 10 warm mud wraps with sea salt and aromatherapy, 5 slimming massages and 5 lymphatic drainages.

SOFT CELLULITE TREATMENT (2 hrs. each session)

Series of 10 lymphatic drainages and 10 cold wraps.

TEONA'S ULTIMATE ANTICELLULITE AND REFINING PACKAGE

Series of 10 warm wraps and 10 cold wraps, 5 massages and 15 drainages.

(These packages will be adjusted and selected according to your needs.)

HAND AND FOOT TREATMENT

Our range of beauty treatments ensures that your hands and feet receive their much deserved pampering. Our anti-aging treatment keeps them young and beautiful. Treat yourself and enjoy this relaxing time while your hands and feet get rejuvenated.

Traditional manicure	40 min	\$55
Teona ultimate manicure	80 min	\$75
French manicure or pedicure	50 min	\$65
Refill	45 min	\$50
Soak off	30 min	\$30
Nail repair	30 min	\$20
Anti-aging hand treatment	90 min	\$95
Traditional pedicure	40 min	\$55
Teona ultimate pedicure	90 min	\$95
Polish change		\$18
French polish change		\$25

DEPILATORY

Eye brows		\$22
Chin or lip		\$15
Bikini or underarm		\$35
Brazilian wax		\$55
Arm wax		\$40
Facial wax		\$35
Half legs wax		\$45
Full legs and bikini		\$100
Full legs wax		\$80
Ear candling	60 min	\$120

EYELASH AND BROW TINTING

Eyelash tinting		\$25
Eyebrow tinting		\$20

MAKE-UP

Day make-up		\$60
Evening make-up		\$75
Bridal make-up		\$150



Essence of tranquility

MENU OF SERVICES

Welcome to a whole new concept of escape
The Spa experience that transcends all the senses

THE REGENT HOUSE
AT VILLA RENAISSANCE

Ventura Drive, Grace Bay
Turks and Caicos Islands
Ph (649) 941 5051
E mail address: teonaspa@tcipay.com

TEONA'S SPA RITUALS

TEONA IS YOUR DAY 4 hrs 30 min

Treat yourself to a day of indulgence of pampering and the therapeutic effects of treatments based on riches of the ocean blended with harmonious essences from plants. Exfoliate and smooth your body with a marine peel, detoxify and nourishing seasonal envelopment. Relax in this wonderful signature massage followed by a cleansing facial. The final touch gives your hands and feet the beauty treat they deserve.

Total - \$555

TEONA'S OCEAN BREEZE 2 hrs 35 min

Revitalizing marine body ritual that transports you throughout a wave of energy. This extraordinary combination of the ocean and essential oils conspire to create a relaxing and detoxifying treatment. Mud and sea salt wrap, exfoliation and marine stone massage.

Total - \$257

RADIANCE FROM INSIDE - OUT 3 hrs 30 min

Wellbeing and beauty start from the inside and detoxification is the key to great health. This innovative package will cleanse your body of toxins. Nature and new technology will reveal your best with a combination of marine peel, algae wrap, lymphatic drainage and deep cleansing facial.

Total - \$464

TWO HOT TO HANDLE 1 hr 40 min

Couples can enjoy each other's company in a hot and spicy moment that transports you to a romantic atmosphere. Your therapists will keep you in perfect unity while healing and relaxation heightens your senses with a warming and vivified Boreh mask and Mediterranean hot oil massage. Finish with a sip of hot-spiced tea or glass of wine.

Total - \$387

WELL BEING PACKAGE 1 hr 30 min

Relieves distress and relaxes your entire body and mind.

Tree days of detoxification and total liberation from aches and pains

3 full massage

3 algae wraps

Total - \$581

NATURAL WHITENING BODY RITUAL 2 hr 30 min

Brighten up your skin naturally with this 2 ½ hour treatment. This thorough head to toe experience will renew your skin. We use a wide variety of 100% natural ingredients, sourced from plants and organic extracts, as well as vitamins to restore, brighten and whiten your skin.

Total - \$315

SKIN CARE THERAPY

● **CLEANSING FACIALS AND REBALANCING FACIAL**

TEONA'S RADIANCE DEEP CLEANSING FACIAL

Incorporating, exfoliation, deep pore cleansing and massage, providing visible and long lasting results

70 min. \$150

CLEANSING AND BALANCING FACIAL

Specially adapted for oily, toxic and acne skin.

60 min. \$120

TEONA'S SPECIAL ACNE TREATMENT

Deep enzymatic action combined with fruit acids resolve skin problems. Clear complexion is our goal.

60 min. \$135

● **MOISTURIZING FACIALS**

TEONA SIGNATURE FACIAL

Ideal for dehydrated, mature and dry skin. An elaborate treatment applied according to your skin's condition and enhanced by energetic drainage.

90 min. \$165

TEONA HYDRA-MOISTURE SOURCE TREATMENT

Immediate hydration, repair face and décolleté. Based on vegetal milk. Improves the skin's texture and leaves the skin feeling soft and silky.

60 min. \$135

YIN AND YANG OSMOSIS FACIAL

For devitalized or mature skin. Creates a superb skin tone, hydrated and nourished effect.

60 min. \$120

CLEANSING AND MOISTURIZING FACIAL

Especially advised for normal and sensitive skin with no major problems.

50 min. \$95

HYDRATION FACIAL

For dehydrated, damaged and devitalized skin, using pure essential oil to deeply moisturize.

60 min. \$120

EXECUTIVE OR FLASH FACIAL - MINI FACIAL

If you don't have much time to spend, enjoy this refreshing and invigorated treatment.

30 min. \$55

EYE, NECK AND LIPS CONTOUR COLLAGEN ANTI-WRINKLE TREATMENT

Softens, hydrates and diminishes the fine lines around the delicate areas.

30 min. \$65

● **GENTLEMEN AND TEENS FACIALS**

MEN'S FACIAL

Energizing, purifying and calming razor-burn and chapped skin.

60 min. \$120

THE TEEN FACIAL

Just enjoy a relaxing time while cleansing the face.

45 min. \$80

• **REJUVENATING AND ADVANCED FACIALS**

TEONA'S LIFT ANTI-AGING FACIAL

Non-surgical facelift, using chromatherapy, lymphatic drainage and vibration therapy.

90 min. \$175 4 treatments \$630

TEONA'S ULTIMATE ELIXIR FACIAL CARE

Using a unique extract of natural algae hormones, combined with a unique massage, allows facial muscles to return to their original tonus of youth.

90 min. \$175 4 treatments \$630

ANTI-AGING O2 OXYGEN AND REPLENISHING FACIAL

Ideal for stressed and dehydrated skin.

75 min. \$165

ABSOLUTE COLLAGEN- MARINE FACIAL

Luxurious facial using active marine ingredients to deeply replenish the skin.

75 min. \$165

THE ULTIMATE ENZYME FACIAL

Anti oxidant and rejuvenator facial lets us rescue your skin.

70 min. \$155 4 treatments \$558

SKIN BRIGHTENING FACIAL TREATMENT

The goal is to refresh and refine skin, brighten tired, dull skin, hydrate and moisturize.

70 min. \$155 4.treatments \$558

BODY THERAPY

BODY WRAP

ALGAE BODY WRAP

Excellent detoxifying activates the body's functions, relieves aches and pains.

50min. \$105

PURE AND NATURAL MUD WRAP

Fantastic detoxifier, fat burner. Relieves articulation and muscular pain.

60 min. \$110

DEEP CARIBBEAN MOISTURIZING WRAP

Avocado, banana and almond oil for deep moisturizing and revitalizing.

40 min. \$95

COLD MARINE BODY WRAP

Control of excess fluid and toxins in hip and thigh areas, relieving congestion and heavy legs.

40 min. \$95

THE PERFECT ANTI- STRESS ENVELOPMENT

Therapeutic blend for anyone feeling low in energy, leaving you feeling silky smooth.

50 min. \$100

SUNBURN TREATMENT

Sooth and calm your skin after sun damage

35 min. \$95

BODY SCRUB

MARINE BODY PEEL

Gentle exfoliation and smoothes the skin and rough areas.

40 min. \$95

BALINESE LULUR BODY SCRUB

From Indonesia, using yogurt to refresh and exfoliate.

40 min. \$95

SWEET AND SAVORY SCRUB

Smoothes and nourishes the skin with fruits from the Mediterranean.

30 min. \$95

BALINESE BOREH BODY SCRUB

Warming effect, deeply detoxifies the skin, relieves aching muscles.

30 min. \$95

REJUVENATING AND BRIGHTENING BODY SCRUB

Rediscover your skin with 100% natural ingredients from plants and organic extracts

45 min \$100

TEONA'S MESSAGES OF THE WORLD

TEONA'S SIGNATURE MASSAGE

Very intense massage where pressure points meet with lymphatic drainage.

90 min. \$190

TEONA'S ULTIMATE FOUR- HAND MASSAGE

Two therapists simultaneously working to create the ultimate indulgence.

60 min. \$220 90 min. \$290

BALINESE MASSAGE

Therapist uses thumb, palm pressure and firm strokes for medium to strong massage.

80 min. \$165

MEDITERRANEAN HOT OIL MASSAGE

Relaxing technique from Southern Morocco, using hot oil marinated with plants

60min. \$120 90 min. \$165

LOMI – LOMI MASSAGE

Hawaiian tradition, using percussion, rocking and smooth strokes.

60 min. \$120 90 min. \$165

SPORT MASSAGE

Deep massage. Help the body recover after physical exercises

60 min. \$135 90 min. \$175

SWEDISH MASSAGE

Treats all muscle masses of your body.

60 min. \$110 90 min. \$150

DE-STRESS BACK MASSAGE

Concentrates on the shoulders, neck, face and head.

30 min. \$75

TEONA'S AROMA HOT STONE THERAPY

Small stones, combined with a warm oil blend of essential oils, used to massage the entire body.

80 min \$175

ULTIMATE TEONA LYMPHATIC DRAINAGE

Unique in its style where new tech meets nature, stimulates lymphatic system and disperses congestion.

80 min \$165

MANUAL LYMPHATIC DRAINAGE

Activates the lymph circulation and detoxifies the system.

30 min. \$70 60 min. \$125

REFLEXOLOGY

Stimulate pressure points on hands and feet leaving your entire body calm and serene.

60 min. \$110

PREGNANCY MASSAGE

Pamper yourself with this pre-natal massage.

The feeling of relaxation created by this full body massage will provide comfort

For you and your baby.

60 min \$125