

Teona Spa



Essence of tranquility

MENU OF SERVICES

**Welcome to a whole new concept of escape
The Spa experience that transcends all the senses**

REGENT HOUSE
VILLA RENAISSANCE
Ventura Drive, Grace Bay
Providenciales
Turks and Caicos Islands
Tel: +1 (649) 941 5051
Email address: teonaspa@tciway.tc
www.villarenaissance.com

TRADITION MEETS NEW TECHNOLOGY PAMPERING, BEAUTY AND HOLISTIC WELLBEING ARE THE ANSWERS TO DIFFERENT NEEDS

From the early days of Mediterranean, Asian, African and Indian cultures spa practices have existed....

TEONA SPA is inspired by these ancient worldwide practices and from our Caribbean paradise has combined

*different plants' extracts and savoir faire in our craft
fabulous riches of the ocean
and new technology*

to create the best blend of techniques and experiences for our time.

TEONA SPA believes that our surroundings contribute to our state of mind.

TEONA translates to "essence of tranquility". Our spa is first a place of relaxation where the mind, body and spirit can recuperate from our daily, stressful lives. At Teona we cultivate your senses while delivering the best of treatments.

TEONA SPA has recruited a team of highly trained and specialized therapists, with knowledge and expertise accumulated over 30 years in the spa industry - they will meet your needs and guide you throughout your extraordinary journey.

At **TEONA** you will experience a unique state of being *where beauty meets health and wellbeing* - allowing you to radiate from the inside out.

SPECIAL IN-ROOM TREATMENTS AND PACKAGES

THE SPICE ROAD 2 hrs \$385

A fantastic voyage; pampering you through diverse scents of essence and spice.
Includes a savory body scrub, wrap, milk bath and luxurious massage.

TEONA CARIBBEAN SECRET 2 hrs \$295

Welcome to the perfect Caribbean getaway!
Exfoliates, detoxifies & nourishes your body as you receive a beautiful massage.

TEONA'S REGAL 2 hrs 15 min \$360

Get pampered in a smooth and sweet way with a tropical garden ritual.
Includes fruit body scrub, moisturizing mask, relaxing coconut passion fruit massage and a sweet bath.

TOO HOT TO HANDLE 1 hr 40 min \$415

Couples can enjoy each other's company in a hot and spicy moment.
Includes one vivified Boreh mask, one spiced bath, one Mediterranean hot-oil couples massage and finish with a sip of hot-spiced tea or glass of wine.

TEONA'S ULTIMATE FOUR-HAND MASSAGE 60 min \$270

Two therapists simultaneously working to create the ultimate indulgence.

90 min \$390

LOMI – LOMI MASSAGE 60 min \$130

Hawaiian tradition uses percussion, rocking and smooth strokes.

90 min \$185

SWEDISH MASSAGE 60 min \$125

Treats all muscle masses of your body.

90 min \$180

NOTE: AN ADDITIONAL 10% WILL BE CHARGED ON ALL IN ROOM TREATMENTS

SLIMMING THERAPY

DETOX PROGRAM

TEONA DETOX ON THE GO 2 hr 15 min \$225

Full seasonal wrap & detoxifying lymphatic drainage.

ANTI-CELLULITE PROGRAM

HARD CELLULITE TREATMENT 2 hrs each session

Series of 10 warm mud wraps with sea salt and aromatherapy, 5 slimming massages and 5 lymphatic drainages.

SOFT CELLULITE TREATMENT 2 hrs each session

Series of 10 lymphatic drainages and 10 cold wraps.

TEONA'S ULTIMATE ANTICELLULITE AND REFINING PACKAGE

Series of 10 warm wraps and 10 cold wraps, 5 massages and 15 drainages.

(These packages will be adjusted and selected according to your needs.)

TEONA'S SPA RITUALS

TEONA IS YOUR DAY

4 hrs 30 min \$560

An indulgent and therapeutic day of pampering treatments based on a blend of ocean-riches and the harmonious essence of plants.

Exfoliate and smooth your body with a detoxifying and nourishing marine peel. Relax with a wonderful signature massage followed by a cleansing facial. The final touch gives your hands and feet the beauty treat they deserve.

TEONA'S OCEAN BREEZE

2 hrs 35 min \$270

Revitalizing marine body ritual that transports you through a wave of energy.

An extraordinary combination of the ocean and essential oils unite to create a relaxing and detoxifying treatment. Includes a mud and sea salt wrap, exfoliation and marine stone massage.

RADIANCE FROM THE INSIDE-OUT

3 hrs 30 min \$480

Health and wellbeing begin inside the body and detoxification is the key! This innovative package will cleanse your body of toxins and nature and new technology will reveal the best you can be!

A combination of marine peel, algae wrap, lymphatic drainage and deep cleansing facial.

TOO HOT TO HANDLE

1 hr 40 min \$415

In an atmosphere of romance, couples can enjoy each other's company in a hot and spicy moment.

Your therapists will keep you in perfect unity while healing and relaxation heightens your senses with a warming and vivified Boreh mask and Mediterranean hot oil massage. Finish with a sip of hot-spiced tea or glass of wine.

WELL BEING PACKAGE

1 hr 30 min \$625

Relieves stress and relaxes your entire body and mind. Three days of detoxification and total liberation from aches and pains.

3 full massage & 3 algae wraps

NATURAL BRIGHTENING AND REJUVENATING BODY RITUAL

2 hr 30 min \$315

Brighten your skin naturally with this 2 ½ hour treatment. This thorough head to toe experience will renew your skin. We use a wide variety of 100% natural ingredients, sourced from plants and organic extracts, as well as vitamins to restore, brighten and rejuvenate your whole body.

SKIN CARE THERAPY

Deep Cleansing Facials

TEONA'S RADIANCE DEEP CLEANSING FACIAL	70min	\$155
<i>Incorporating, exfoliation, deep pore cleansing and massage, providing visible and long lasting results.</i>		
CLEANSING AND BALANCING FACIAL	60 min	\$125
<i>Specially adapted for oily, dull and lifeless skin.</i>		
TEONA'S SPECIAL ACNE TREATMENT	60 min	\$140
<i>Deep enzymatic action combined with fruit acids resolve skin problems. A clear complexion is our goal.</i>		

Moisturizing Facials

TEONA SIGNATURE FACIAL	90 min	\$180
<i>A true moment of relaxation. Features a unique relaxing massage using warmth; the skin rediscovers its natural beauty; the face looks rested, healthy and glowing.</i>		
TEONA LIPID –BOOSTING FACIAL	75 min	\$160
<i>This exceptional facial, re-enforced with Omega 3 & 6, highly nourishes and deeply repairs dry and aging skin. A true delight for your skin, instantly restoring suppleness and comfort.</i>		
TEONA HYDRA–MOISTURE SOURCE TREATMENT	60 min	\$145
<i>Immediate hydration based on vegetal milk, repairs face and décolleté. Improves the skin's texture and leaves it feeling soft and silky.</i>		
TEONA COLD MARINE FACIAL	60 min	\$135
<i>This treatment provides a haven of relaxation for sensitive skin. Instant decongesting effect leaves the complexion fresh and luminous.</i>		
CLEANSING AND MOISTURIZING FACIAL	50 min	\$95
<i>Especially for normal and sensitive skin with no major problems.</i>		
HYDRATION FACIAL	60 min	\$125
<i>For dehydrated, damaged and devitalized skin, using pure essential oil to deeply moisturize.</i>		
EXECUTIVE OR FLASH FACIAL - MINI FACIAL	30 min	\$65
<i>For those short on time, enjoy this refreshing and invigorating treatment.</i>		
EYE, NECK AND LIPS CONTOUR COLLAGEN ANTI-WRINKLE TREATMENT	30 min	\$75
<i>Softens hydrates and diminishes the fine lines around the delicate areas.</i>		

Gentlemen and Teens Facials

MEN'S FACIAL **60 min** **\$130**
Energizing, purifying and calming for razor-burned and chapped skin.

THE TEEN FACIAL **45 min** **\$95**
A royal treat to pamper your teenager!

Rejuvenating & Advanced Facials

TEONA'S LIFT ANTI-AGING **60 min** **\$180**
Non-surgical facelift, using chromatherapy, lymphatic drainage and vibration therapy. **5 treatments** **\$792**

TEONA'S ULTIMATE ELIXIR FACIAL CARE **90 min** **\$180**
Using a unique extract of natural algae hormones, combined with a unique massage this treatment helps facial muscles to return to their original tonus of youth. **4 treatments** **\$635**

ANTI-AGING O2 OXYGEN AND REPLENISHING FACIAL **75 min** **\$165**
Ideal for stressed and dehydrated skin.

TEONA CHRONO-DETOX FACIAL **45 min** **\$120**
Quick and effective care that is both detoxifying and protective. Results in a rested, rosy complexion that is full of energy.

ABSOLUTE COLLAGEN-MARINE FACIAL **75 min** **\$165**
Luxurious facial using active marine ingredients to deeply replenish the skin.

WINKLE CONTROL FACIAL **90 min** **\$175**
After only one session this facial creates an amazing smoothed-out and youthful effect.

THE ULTIMATE ENZYME FACIAL **60 min** **\$165**
Anti-oxidant and rejuvenator facial to rescue your skin. **5 treatments** **\$726**

SKIN BRIGHTENING FACIAL TREATMENT **70 min** **\$165**
Refresh, refine, brighten, hydrate & moisturize tired, dull skin. **5 treatments** **\$726**

BODY THERAPY

Body Wraps

ALGAE BODY WRAP	50 min	\$110
<i>Excellent detoxifier. Activates the body's functions, relieves aches and pains.</i>		
PURE AND NATURAL MUD WRAP	60 min	\$115
<i>Fantastic detoxifier & fat burner. Relieves articulation and muscular pain.</i>		
DEEP CARIBBEAN MOISTURIZING WRAP	40 min	\$100
<i>Avocado, banana and almond oil for deep moisturizing and revitalizing.</i>		
COLD MARINE BODY WRAP	40 min	\$95
<i>Control of excess fluid and toxins in hip and thigh areas, relieving congestion and heavy legs.</i>		
REJUVENATING AND BRIGHTENING BODY WRAP	45 min	\$100
<i>Rejuvenate your skin with 100% natural enzymes from plants and organic extracts.</i>		
SUNBURN TREATMENT		
<i>Sooth and calm your skin after sun damage.</i>	40 min	\$110

Body Scrubs

MARINE BODY PEEL	30 min	\$95
<i>Gentle exfoliation to smooth rough, dry skin and problem areas.</i>		
BALINESE LULUR BODY SCRUB	30 min	\$95
<i>Indonesian scrub, using natural products and yogurt to refresh and exfoliate.</i>		
SWEET AND SAVORY SCRUB	30 min	\$100
<i>Smooths and nourishes the skin with fruits from the Mediterranean.</i>		
BALINESE BOREH BODY SCRUB	30 min	\$95
<i>Warming effect, deeply detoxifies the skin, relieves aching muscles.</i>		
REJUVENATING AND BRIGHTENING BODY SCRUB	45 min	\$100
<i>Rediscover your skin with 100% natural ingredients from plants and organic extracts.</i>		

TEONA'S MESSAGES OF THE WORLD

TEONA'S SIGNATURE MASSAGE	90 min	\$198
<i>Very intense massage where pressure points meet with lymphatic drainage.</i>		
TEONA'S ULTIMATE FOUR- HAND MASSAGE	60 min	\$270
<i>Two therapists simultaneously working to create the ultimate indulgence.</i>	90 min	\$390
BALINESE MASSAGE	90 min	\$195
<i>Therapist uses thumb, palm pressure and firm strokes for medium to strong massage.</i>		
MEDITERRANEAN HOT OIL MASSAGE	60 min	\$135
<i>Relaxing technique from Southern Morocco, using hot oil marinated with plants.</i>	90 min	\$190
LOMI – LOMI MASSAGE	60 min	\$130
<i>Hawaiian - using percussion, rocking and smooth strokes.</i>	90 min	\$185
SPORT MASSAGE	60 min	\$145
<i>Deep massage to help the body recover after physical exercise.</i>	90 min	\$195
SWEDISH MASSAGE	60 min	\$125
<i>Treats all muscle masses of your body.</i>	90 min	\$180
DE-STRESS BACK MASSAGE	30 min	\$75
<i>Concentrates on the shoulders, neck, face and head.</i>		
DEEP TISSUE BACK MASSAGE	30 min	\$95
TEONA'S AROMA HOT STONE THERAPY	90 min	\$185
<i>Small stones, combined with a warm oil blend of essential oils, used to massage the entire body.</i>		
ULTIMATE TEONA LYMPHATIC DRAINAGE	80 min	\$175
<i>A unique treatment, where technology is combined with nature. A treatment to stimulate the lymphatic system and disperse congestion.</i>		
MANUAL LYMPHATIC DRAINAGE	30 min	\$85
<i>Activates the lymph circulation and detoxifies the system.</i>	60 min	\$145
REFLEXOLOGY & ULTIMATE REFLEXOLOGY	60 min	\$125
<i>Stimulate pressure points on hands and feet leaving your entire body calm and serene. Unique & New!</i>	(ultimate) 90 min	\$170
PREGNANCY MASSAGE	60 min	\$135
<i>Pamper yourself with this pre-natal massage. The feeling of relaxation created by this full body massage will provide comfort for you and your baby.</i>		

HAND AND FEET TREATMENTS

Our manicures and pedicures ensure that your hands and feet receive their much deserved pampering, while our anti-aging treatment keeps them young and beautiful!

Traditional manicure	40 min	\$55
Teona ultimate manicure	80 min	\$75
French manicure or pedicure	50 min	\$65
Refill	45 min	\$50
Soak	30 min	\$30
Nail repair	30 min	\$20
Anti-aging hand treatment	90 min	\$95
Traditional pedicure	40 min	\$55
Teona ultimate pedicure	90 min	\$95
Polish change		\$20
French polish change		\$25

DEPILATORY

Eye brows		\$22
Chin or lip		\$15
Bikini or underarm		\$45
Brazilian wax		\$65
Arm wax		\$45
Facial wax		\$35
Half legs wax		\$55
Full legs and bikini		\$117
Full legs wax		\$85
Ear candling	60 min	\$120

EYELASH AND BROW TINTING

Eyelash tinting		\$35
Eyebrow tinting		\$25

MAKE-UP

Day make-up		\$65
Evening make-up		\$75
Bridal make-up		\$120